



## signature services

### massage

#### rocky mountain ritual

105 mins - 370

*this is a modern, renewed body treatment that is inclusive of all contemporary treatments to optimize the guest experience. our signature massage service includes a combination of a massage utilizing deep tissue and Swedish-style massage and a full body heated wrap from the décolleté to toes. during this massage service the provider will include an aromatherapy bowl, infused detoxifying massage oil, hot stones, a facelift massage, foot scrub, and warm oil scalp massage.*

#### ara evergreen escape

80 min - 280

*this service begins with a tingsha bell and palo santo ritual and moves into an integrative massage using an evergreen infused oil with an added foot scrub, warm oil scalp massage, and facial massage.*

#### revitalizing integrative massage

50 min - 176

80 min - 255

*a choice or blend of a deep tissue and Swedish massage with incorporation of hot towels on back and feet. comes with a complimentary seasonal upgrade.*

#### mommy's massage

50 min - 176

80 min - 255

*integrative massage for guests outside of their first trimester using our prenatal bolster and prenatal essential oil blend.*

#### focus massage

25 min - 90

*tense and tight? your therapist will customize your massage to your specific target area.*

#### couples massage

50 min - 352

80 min - 510

*any of the above massage services can be done as a couples massage. the time of the services must match. price will vary depending on type.*

## body treatments

#### satin body scrub and soak

80 min - 255

*a pristinely executed exfoliation of the body with our satin brown sugar scrub to help improve circulation while gently encouraging detoxification. relax in a private jetted tub to shed away your stress.*

**balancing glow full body scrub and soak**

80 min - 255

a pristinely executed exfoliation of the body with our luscious Arabica coffee scrub to reduce cellulite, tighten the skin and reveal your natural glow. Relax in a private, jetted tub to rejuvenate your new glowing skin.

**massage enhancements**

**mini scrub\***

20

10 minute mini scrub within a 50 or 80 minute service

**5 minute face lift\***

20

5 minute facial lift massage within a 50 or 80 minute service

**shea butter**

20

warm melted shea butter is used during the massage leaving the skin deeply nourished and hydrated.

**warm oil scalp massage**

20

a gentle stream of warm oil flows over your forehead and nourishes your hair while you enjoy a soothing scalp massage.

**half-body hot stones**

20

**full-body hot stones**

40

add heated stones for a natural deep tissue release resulting in longer-lasting relaxation.

**half-body Himalayan salt stones**

20

**full-body Himalayan salt stones**

40

add heated Himalayan salt stones for light exfoliation and natural mineral restoration.

**bliss package**

65

add on all 4 enhancements to your service to experience balanced tranquility.

Every service can be paired with our complimentary Tara-infused massage oil and Aroma Bowl.

Balance - restore balance and well-being

Eucalyptus

Relax - settles nerves relaxes the body

Chamomile

Love - enhance your heartfelt touch

Cedarwood

Stress - aids in relief of stress

Lavender

Revitalizing - improves circulation

Lemongrass

Detoxify - encourages detoxification

Rosemary

\*Each add on uses 10 minutes of service, add ons do not add extra treatment time.

## facial

### **luxury integrative facial** 80 min - 265

our luxurious facial allows the esthetician to focus on your skin care needs. this includes longer steam time and an added hand and foot scrub.

### **revitalizing integrative facial** 50 min - 176

relaxing facial customized for your skin concerns on the day of your service. our high-quality products will give you noticeable results.

### **focus facial** 25 min - 90

relaxing mini facial which will include a cleanser mask and moisturizer. perfect for in-between skin treatments.

### **microdermabrasion** 50 min - 230

microdermabrasion is a highly effective treatment that can achieve dramatic results. using a diamond tip, it softens fine lines, smooths the skin, and decreases the appearance of scarring and hyperpigmentation.

80 min - 315

### **dermaplaning** 50 min - 230

this customized facial includes a non-invasive, physical exfoliation that removes dead skin cells. and fine vellus hair using a sterile blade. removing these cells and hair allows for improved product penetration, and it can help minimize superficial acne scarring and uneven skin tone.

80 min - 315

## facial add ons

**hot stone facial massage** 20

**jade roller** 20

**high frequency** 20

for discoloration and acne

**eye treatment** 20

**lip treatment** 20

**neck and décolleté** 35

extended mask and collagen infused treatment

**mini-scrub** 15

hand scrub (only available for 50 min)

**warm oil scalp massage** 20

gentle stream of warm oil flows over forehead and nourishes your hair while you enjoy a soothing scalp massage.

**brow tinting** 15

## hair removal

our luxury hair removal treatments include a soothing milk and honey treatment following your wax.

**face wax** 30

\*face wax includes one of the following areas:  
brow, lip, chin, side of face

**body wax** 60

\*body wax includes one of the following areas:  
back, chest, half-leg, half-arm, underarm, bikini

## nail salon

**essential manicure** 45 min - 60

our nail tech will begin by servicing your nails and cuticles, followed by an nourishing massage butter, and finished with a nail polish of your choice  
gel polish additional 15 min - 15  
gel removal additional 15 min - 15

**essential pedicure** 45 min - 80

starting with a salt soak, our nail tech will service your nails and cuticles as well as smoothing out your skin with a file, followed by a hydrating message butter, and a nail polish of your choice

**luxury manicure** 75 min -120

enjoy a nourishing soak for your legs and feet while our technician attends to your nails, cuticles and hydrates your hands with a sugar scrub. this also includes a mask, hot towels, and a massage with butter. choose one of our nail polishes to top it off

**luxury pedicure** 75 min -145

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\*add ons do not add extra treatment time. elite and oc vouchers cover our essential manicure and pedicure